

PRACTICING IN THE 21ST CENTURY:
FUTURE DIRECTIONS/CHALLENGES IN
ADDICTIONS

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GOALS FOR THE SESSION

- ✧ Identify key challenges and future directions for our field
- ✧ Focus on global issues such as advocacy, budget, workforce development, recovery oriented systems of care, NOMS and CSAT mission and vision
- ✧ Focus on clinical issues such as professional cultural interactions, emerging populations, medication assisted therapy, and the changing drug menu





GLOBAL CHALLENGES, ISSUES, AND OPPORTUNITIES

BUDGET

- ⌘ The national fiscal crisis may be the most significant factor in our lives now and in the near future.
- ⌘ Why are we at risk for losing/failing to sustain our funding?
- ⌘ What can we do to justify our programs and services?
- ⌘ How do we demonstrate our value to our key stakeholders?



ADVOCACY

- ℵ How can we best advocate for our field and for our consumers?
- ℵ What is the best way to advocate?
- ℵ Who are our best representatives
- ℵ What national organizations speak for us?



WORKFORCE DEVELOPMENT

- ⌘ What is an addictions professional?
- ⌘ How do we define our roles and functions?
- ⌘ How do we know when someone is qualified?
- ⌘ How do we accredit our education programs?
- ⌘ How do we link our accreditation with licensure and certification?
- ⌘ How can we recruit new professionals into our field?



THE CRITICAL NEED FOR PROGRAM EVALUATION

- ☞ What is program evaluation and why is it important?
 - ... N O P E
 - ... C Q I / T Q M

- ☞ Why should we invest in program evaluation?

- ☞ How can we use program evaluation to benefit our consumers, our programs and our field?



CO-OCCURRING / CO-EXISTING

- ☞ Addressing the complex needs of our consumers is more than just creating program models and writing TIPS.
- ☞ The issue goes beyond development of knowledge, skills, education, and training.
- ☞ AKS and ABVBS



ADDRESSING THE NEEDS OF VETERANS

- ⌘ What is the “signature wound” of Iraqi veterans with disabilities?
- ⌘ How will returning veterans challenge our existing service systems?
- ⌘ What special challenges exist for this group?
- ⌘ What about “if 2 then 3?”



DSM V

- ☞ By 2012 we could see dramatic revisions in the DSM
- ☞ Our current definitions of SUDS will likely be dramatically altered.
- ☞ The changes in how we define the construct of dependence could dramatically alter treatment as we know it.





THE VIEW FROM WASHINGTON

NOMS

- ∞ Reduce morbidity, abstinence, decreased use, nonuser stability, increase perceived risk, and increased disapproval
- ∞ Decrease criminality and incarceration
- ∞ Stability in housing
- ∞ Social connectedness
- ∞ Access/Capacity
- ∞ Retention
- ∞ Perception of Care
- ∞ Cost Effectiveness
- ∞ Use of Evidence Based Practices



PARTNERS FOR RECOVERY: WORKING DEFINITION FOR RECOVERY

- ∞ Many pathways
- ∞ Recovery is self directed and empowering
- ∞ Recovery involves personal recognition of the need for change and transformation
- ∞ Recovery is Holistic
- ∞ Recovery has cultural dimensions
- ∞ Recovery exists as a continuum of improved health and wellness



PFR: DEFINITION OF RECOVERY

- ℵ Recovery emerges from hope and gratitude
- ℵ Recovery involves a process of healing and self-redefinition
- ℵ Recovery involves addressing discrimination and transcending shame and stigma
- ℵ Recovery is supported by peers and allies
- ℵ Recovery involves rejoining and rebuilding a life in the community
- ℵ Recovery is a reality



RECOVERY ORIENTED SYSTEMS OF CARE

- ∞ Person Centered
- ∞ Family and other ally involvement
- ∞ Individualized and comprehensive services across the lifespan
- ∞ Systems anchored in the community
- ∞ Continuity of Care
- ∞ Partnership-consultant relationship
- ∞ Strength Based
- ∞ Culturally responsive
- ∞ Responsiveness to personal belief system



ROSC

- ✧ Commitment to peer recovery support services
- ✧ Inclusion of voices and experiences of recovering individuals and their families
- ✧ Integrated services
- ✧ System wide education and training
- ✧ Ongoing monitoring and outreach
- ✧ Outcomes driven
- ✧ Research based
- ✧ Adequately and flexibly financed



EVIDENCE BASED PRACTICES

- ⌘ How does an approach become defined as an evidence based practice?
- ⌘ What are the strengths and limitations of this approach?
- ⌘ What are the challenges of implementing EBP's?



SAMHSA MATRIX-PRIORITIES

- ∞ Co-occurring Disorders
- ∞ Treatment Capacity
- ∞ Seclusion and Restraint
- ∞ Strategic Prevention Framework
- ∞ Children and Families
- ∞ Mental Health System Transformation



SAMHSA MATRIX PRIORITIES

- ☞ Suicide Prevention
- ☞ Homelessness
- ☞ Older Adults
- ☞ HIV/AIDS/Hepatitis
- ☞ Criminal and Juvenile Justice
- ☞ Workforce Development



MATRIX CROSS CUTTING PRINCIPLES

- ❧ Science and Service: Evidence Based Practices
- ❧ Data for Performance Measurement and Management
- ❧ Collaboration with Public Private, and International Partners
- ❧ Reducing Stigma and Discrimination and other barriers to services
- ❧ Cultural Competency/Eliminating Disparities
- ❧ Community and Faith Based Approaches



MATRIX CROSS CUTTING PRINCIPLES

- ✧ Trauma and Violence
- ✧ Financing Strategies and Cost Effectiveness
- ✧ Rural and Other Specific Settings
- ✧ Disaster Readiness and Response



SAMHSA STRATEGIC PLAN

- ℵ Vision: A life in the Community for Everyone
- ℵ Mission: Building Resilience and Facilitating Recovery
- ℵ Focus Areas
 - ... Accountability
 - ... Capacity
 - ... Effectiveness



SOME CAUSE FOR CONCERN

☞ GAO/OMB

☞ Program Effectiveness: PART Program Assessment Rating Tool

... Mental Health Block Grant: “Adequate”

... CSAP : “Moderately Effective”

... SAPT Block Grant: “Ineffective”





EMERGING CLINICAL CHALLENGES

RX SUBSTANCE MISUSE, ABUSE, AND DEPENDENCY

- ⌘ The “accidental” death of Heath Ledger
- ⌘ The “murder” of Michael Jackson?
- ⌘ The special challenges of benzodiazepines and opioids
- ⌘ Special populations involvement



MEDICATION ASSISTED THERAPY

- ℵ How can we begin to better coordinate and utilize medication assisted therapy?
- ℵ How are we ethically obligated?
- ℵ What issues/challenges occur when we try to include medication assisted therapy?
- ℵ Suboxone



AGING

ℵ Baby Boomers

ℵ Special population with Special needs

... Coexisting

... Co-occurring

... RX

ℵ Typifies all of the challenges we face in dealing with special populations



INCREASING DIVERSITY

- ☞ By 2042 U.S. minorities will be majority
- ☞ How are we preparing our workforce to deal with increasing diversity?
- ☞ How can we be sure that our programs are appropriate and effective?



EMPLOYMENT

- ⌘ J.O.B. should not be a dirty word
- ⌘ How can we get our consumers back to work
- ⌘ What challenges do our consumers face when entering/re-entering the workforce?
- ⌘ What employment protections exist for our consumers?



PARITY

- ⌘ What will parity mean for addictions?
- ⌘ How will the new law effect third party payors?
- ⌘ What will the long-term effect be for our field?
- ⌘ Parity will go into effect after October 3, 2009



FINDING ME

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